

### **BTPRSM News, Events & Fundraisers**

### August 2013

Good Afternoon BTPRSM Supporters,

Summer is starting to wind down and the children are starting to head back to school we have to get our furry friends back into our regular routine. Here is a great article we found online from Cesar's Way.

### Avoiding Back to School Doggie Blues



By Kristina N. Lotz

As September approaches again, that means it's back to school time for many households. With all the hustle and bustle of getting the kids ready and off for school, it can be easy to forget the dog. While back to school is usually an exciting, fun time for the humans in the home, for your dog it can mean loneliness and boredom.

All summer long, there was most likely someone home with your dog — the older students on break, or little ones with a babysitter. Now that everyone is back to their fall schedules, your dog may feel neglected and can even fall into depression.

#### **Depression and Anxiety**

According to veterinarians, dogs can suffer from depression just like us. Watch for symptoms such as listlessness, lack of energy, loss of appetite, hiding or cowering, and not wanting to play.

Other dogs suffer from separation anxiety. Unlike depression, separation anxiety manifests itself in erratic behavior, including excessive barking and whining, frantic clawing at doors, windows, or fences to get out, destructive chewing, and going to the bathroom in the house. Dogs with separation anxiety will be ecstatic when family members get home, whereas a depressed dog may not even get up from his bed.

If your dog displays any of these symptoms, she is probably upset by the recent change in schedules.

This change can be particularly hard on your dog if your child is starting kindergarten and you are going back to work for the first time. At this crucial time, it is important to not disregard your dog's feelings — he loves you and he will miss you when you are not around.

#### Back to School Scheduling

So what can you do to prevent or help relieve depression in your dog? If your dog has never experienced "back to school," it is going to take some time. If your dog has gone through this routine in past years, he may remember the routine and settle in more quickly. A simple routine can help alleviate

any stress your dog feels. Even if your dog does not suffer from depression or anxiety per se, he will still appreciate this simple routine, which will ensure she gets enough attention and exercise.

**Morning Exercise:** Don't forget to exercise your dog. Create a schedule with your family that gets everyone involved. Each morning someone should get up a little bit early, even just fifteen minutes, to take the dog out for a walk or a romp in the backyard before the day starts. Not only will this let your dog know you still care, but getting out that extra energy means she is less likely to be destructive while you are gone.

**Time to Leave:** When it is finally time to leave, don't make a big deal of it. Pet your dog, but don't get emotional — your dog can sense your emotions and if you are upset, he will be more likely to be upset. Distract him with a new toy (or an old one he hasn't seen in a while) or a treat-stuffed toy. For anxious dogs, leaving a radio or TV on can help.

**Afternoon Break:** If you can, schedule someone in your family to go home around midday to let your dog out for some quick exercise. Not only does it break up the length of time she is left alone, but it also relieves some energy. If no one in the family can do it, consider asking a neighbor or hiring a dog walker. Taking her to a doggy daycare a couple of times a week is another great option.

**Back Home:** When you return home for the day, again don't make a big deal of it. If you act like you have been gone forever, especially if your dog has anxiety, he will think you have been gone forever. The best thing to do is ignore him when you first get home, then after a few minutes, calmly greet your dog and take him out to go to the bathroom if needed.

**Evening Exercise:** It's easy to forget the dog, even when you are home. You have had a long day, you had to cook dinner, help the kids with homework, and now all you want to do is sit on the couch. But your dog has been waiting for you all day and most likely has unspent energy. After her dinner, be sure to take her out for some exercise and play time.

Following this routine will help your dog not notice your absence so much. Keep a watch on his symptoms though, and if they get worse or do not improve, take him to a veterinarian to rule out any medical conditions that might be causing the symptoms.

Read more: <u>http://www.cesarsway.com/dogbehavior/basics/Avoiding-Back-to-School-Doggie-</u> <u>Blues#ixzz2cBXVZP8A</u>

### **Recent Donations to BTPRSM**

Huge shout out to Western Life Assurance/Pet Secure for their donation of 200 fabric reusable shopping bags. BTPRSM uses these for events, silent auction baskets and for door prize raffles. We love the support we get from our community.



Last time we sent out the newsletter, Hip Pooch was hosting two fundraisers for our rescue. One was the Photo Fundraiser with Good Dog Photography (<u>http://www.gooddogphotography.ca</u>) and the other fundraiser was the Self-Serve Dog Wash. Both events combined raised \$100 for our rescue. Thank you Crystal at Hip Pooch and Good Dog Photography for your donation! We greatly appreciate it.



Cassie (L) and her foster sister Ella (R). Photo taken by Good Dog Photography. Cassie is still looking for her forever family and will be at the Adoption Meet & Greet on Sunday, August 25<sup>th</sup>.

Earth Rated made a donation to the rescue of 200 rolls of Earth Rated Poop bags for us to use in our foster program and at our events and playgroups! Thank you so much for your support Earth Rated!!



### Fundraisers & Events

### 1) 2<sup>nd</sup> Annual "Walk to Stop Animal Abuse"

On Saturday, August 24<sup>th</sup>, you can find BTPRSM and many other local rescues out and about at the Walk to Stop Animal Abuse. If you are available come on out to show your support. Please see the poster below:



### 2) 50/50 Draw and Adoption Meet & Greet

On Sunday, August 25<sup>th</sup>, come on out to Southglen Veterinary Hospital and meet some wonderful adorable adoptables and purchase your 50/50 Raffle Ticket. So far to date, we have collected over \$2000 in sold tickets and more tickets are being picked up every day. The winner will receive over \$1000!!! We will also have our table set up with other merchandise such as car magnets, pug dish towels, cookbooks and much, much more.



#### 3) BTPRSM is at "lams Party in the Park"

On Monday, August 26<sup>th</sup>, from 2:00pm – 8:00pm you can find BTPRSM as well as many other local rescues set up at Kilcona Dog Park for National Dog Day and an lams Party in the Park. See the poster below for more info:



#### 4) Last Fundraising Yard Sale of the Summer:

Our last fundraising yard sale of the summer will be August 31<sup>st</sup>. Volunteers will be needed for set up on Saturday morning around 7:30 am and take down around 4 pm. Any volunteers would be welcome to help during the sale as well.

We will be hosting this yard sale at **1144 Inkster Blvd from 9 am – 3 pm**.

Thank you to everyone who had donated such amazing items already!

We have tons of amazing treasures! Guaranteed, there is something for everyone!! And we plan on raising as much money as we can for the dogs in our care. See the poster below for more details:

# Fundraising Yard Sale in support of the



### Saturday, August 31 (9am-3pm)

### 1144 Inkster Blvd.

(Between McPhillips and Fife St.) This is our LAST FUNDRAISING YARD SALE of the SEASON! There are still tons of items for sale, and more donations coming in each week! If you come by towards the end of the day, there will be BLOWOUT Prices!! All proceeds from the fundraising yard sale support the BTPRSM directly.

#### Also if you are interested in

volunteering we are always looking for help at the yard sale unpacking boxes in the morning and packing up boxes at the end of the day.

We are always looking for donations of gently used items for the sale. If you have any items to donate or if you have any questions about the yard sale please email us at btprmb@gmail.com

#### 5) Peel ~ A ~ Deal:

BTPRSM is selling Papa Murphy's and Lovey's BBQ Peel ~ A ~ Deal Fundraising Cards. Only \$5 per card with over \$55 in savings on each card.

BTPRSM gets the whole \$5 for each card sold!!!

We will have them available at all of our events and yard sales **OR** you can contact us for pick-up or delivery

#### Papa Murphy's Winnipeg East,

**31B-1530 Regent Ave. East, Winnipeg, MB** -Any Large 1-Topping Pizza \$6 -Hawaiian or 2-Topping Large Pizza \$8 -Any Gourmet deLITE Large Pizza \$12 -Any Stuffed Large Pizza \$16 -Get a Large 1 topping FREE with the purchase of any Family size Combination Pizza -Any Family sized Pizza \$3 off -Any 2 family sized Pizzas \$5 off -Cheesy bread OR Cookie dough FREE with the purchase of any regular priced Family sized Pizza Lovey's BBQ, Unit 2 -208 Marion Street, Winnipeg, MB -Any BBQ Sandwich & 1 side \$5 -Lovey's Mixer (perfect for two) Save \$10 -Voyageur Platter (perfect for four) Save \$10 -BBQ Poutine \$6 -Carry Out for 6 \$10 OFF -FREE Garlic Fries (with purchase of any burger) -FREE ½ LB Wings (with purchase of any dinner entrée)

-Any Rib Dinner \$5 OFF



#### 6) Charleswood Pet Valu Nail Trims:

Every second Wednesday between 5:30 - 8:30 pm, the staff at Charleswood Pet Valu will be doing nail trims in support of BTPRSM!!! Only \$10 per dog. *August 28<sup>th</sup> is the next Nail Trim Day!* 



#### 7) Vesey's Fall 2013 Fundraiser:

Back for all the green thumbs, we have decided to bring back the Vesey's Fall Fundraiser. The rescue gets 50% of all sales for each package purchased. Please check out the link to the **Full Color Brochure** (<u>http://www.veseys.com/ca/en/images/articles/fundraising/13FallFRBrochure.pdf</u>) and **Order Form** (<u>http://www.veseys.com/ca/en/images/articles/fundraising/13FallFRBrochure.pdf</u>)</u>. Orders must be submitted by **September 15<sup>th</sup>, 2013**. Cheques can be made payable to BTPRSM. If you have any questions or would like to drop off your order, please email us at <u>btprmb@gmail.com</u>

## Vesey's Bulbs Fall 2013 Fundraising

### **Current Adoptables, Recent Adoptions & Updates:**

We have been super busy again with home visits, adoption trials and finalizing adoptions and are so happy to announce that Queenie, Roxy (black pug), Celia (now Lily) and Nelly have all found their loving forever homes. Nelly's foster family decided that they wouldn't find a better dog for their small family. They love Nelly to pieces and are happy that she chose them.

Queenie started adoption trial and won over her new mom's heart in just a matter of a few days. Celia (now Lily) had a longer adoption trial, but that was only because of distance and our busy schedule, but she found a perfect forever family and gets to go swimming and camping with her new family. Lastly, Roxy the black pug, our special little girl, who was full of bladder stones, infections galore has landed a new home in Alberta. Roxy and volunteer Rob, took a road trip on Saturday, August 17<sup>th</sup> to Yorkton, SK to meet her new family. They picked up Roxy in their RV and camped out overnight. The next morning they all travelled back to Alberta and brought home Roxy to their pug Diesel. The two of them are already the best of buddies.



Here is a photo of Roxy and her new mom.

Since our last newsletter three new girls came into the rescue: Jolene a Pug/Pomeranian X. She was moved to our rescue from the Manitoba Great Pyrenees Rescue to give them more space and because we are familiar with the pug breed. Jolene is meeting a family on August 22<sup>nd</sup> and if all goes well, she will start her adoption trial that night.



Jolene sitting pretty in the garden.

Our second new girl is Penelope. Penelope is a Pug/Chihuahua X, but you can barely see any Chihuahua in her. She was surrendered to our rescue when her owner's building decided to no longer accept pets. It was hard for them to say goodbye, but they knew it was the right thing to do. Penelope has received an adoption application from Saskatchewan and we are just waiting to have the home visit completed so the new family can come out Winnipeg and pick her up.



Penelope has eyes that will steal your heart.

And lastly we have Whitney. Whitney is an 8+ year old female Pug. She was surrendered to our rescue because her owner was going through some life and personal changes that were beyond her control. She knew what was best for Whitney and contacted us about surrendering her into our care. Whitney has an amazing foster family. We found out shortly after Whitney came into our care that she was suffering from severe bi-lateral luxating patellas. This poor girl will grab her whole leg and gnaw on her left knee to help relieve the pain. We have her on pain killers to help her feel comfortable until her surgery that is scheduled for Wednesday, August 28<sup>th</sup>. She will also be spayed and if time permits will have her nares and palate corrected. Please send positive vibes Whitney's way for a quick recovery.



Here is Whitney chilling on the deck at her foster home.

As always we accept donations through the mail, on our account at Southglen Veterinary Hospital or on our website using PayPal. Our website is <u>www.bostonpugrescuemb.com</u>

### **Foster Homes**

Foster Homes are the back bone to any rescue... We are always looking for foster homes and temporary foster homes for when dogs come into our care. The more available foster homes we have, the more dogs we can rescue. Please email us at <u>btprmb@gmail.com</u> so we can send you a foster application.

### **Other Outings**

#### 1) Boston Terrier & Pug Rescue Playgroup of Winnipeg:

We have started our summer walks again. This is a great way to socialize your pug or boston terrier with other dogs. Also it's an opportunity to get your foster dog some exposure to be adopted. Check out this link to sign up for the Meet Ups and find out when our next walk is. <a href="http://www.meetup.com/Boston-Terrier-Pug-Rescue-Playgroup-of-Winnipeg/">http://www.meetup.com/Boston-Terrier-Pug-Rescue-Playgroup-of-Winnipeg/</a>

Well that's all the news we have for you now. Check out our Facebook page and our Website for updates on the dogs needing surgeries and for new fundraisers.

If you have any questions or comments, please feel free to email us at <u>btprmb@gmail.com</u> and we will get back to you as soon as possible.

See you all soon,

Rena, Shaila & Jessica Executive Committee Boston Terrier & Pug Rescue of Southern Mantioba